Self-Worth Caricature:

**1. Start with a LARGE sheet of paper (18x24).
2. Trace hands facing outward, towards the top of the paper. A friend may help.
3. Put papers on the ground, and trace your feet facing outward slightly towards the bottom of the paper.
4. Draw an oval/circle for the head slightly above the hands (in the middle).**

**5. Add details to the face, hair, etc. to make it look like you.
5. Then, add a neck, attach the arms to the hands, and the pants to the feet. 6. Add accessories, backgrounds, clothing items that signify who you are and what makes you special ☺ details, details, details!**

**7. Include 6 written words/ phrases that you feel give you self-worth.
8. Outline in sharpies.**

**9. Colour.
 **