

Learn more about substance use and addiction in BC and Canada

The Addiction Care and Treatment Online Certificate (ACTOC)



A free online certificate course targeted at health care professionals interested in learning more about providing care to patients with various substance use disorders.

<https://tinyurl.com/mry8cf4p>



In Plain Sight Report



In Plain Sight Report outlines the pervasiveness of anti-Indigenous racism within the health care system in BC. Recommendations for addressing racism within health care are provided.

<https://tinyurl.com/266u3248>



Socioeconomic Determinants of Health



The *Systems Approach Workbook: Socioeconomic determinants of health* was published by the Canadian Centre on Substance Use and Addiction. The workbook provides an introduction to socioeconomic determinants of health that are relevant to substance use and mental illness.

<https://tinyurl.com/2x5pau8>



Red Women Rising



Red Women Rising emphasizes how the violence against Indigenous women and girls—including physical violence, poverty, lack of affordable housing, the child welfare system, etc.—perpetuates mental illness, substance use, and poverty. Recommendations for eliminating such violence are provided.

<https://dewc.ca/dewc-news/red-women-rising/>



Crackdown Podcast



Crackdown Podcast is run by people who use—or used to use—drugs. It covers various subjects about substance use, including drug policy. The podcast highlights the experiences and expertise of people who use drugs.

www.crackdownpod.com











History of Drug Policy in Canada



This webpage offers a brief history of drug prohibition and drug policy in Canada and shows how that history shapes society's views and the current landscape.

<https://drugpolicy.ca/about/history/>

Resources to help address stigma in the health system to improve patient outcomes

Name	Description	QR code
The BC Centre on Substance Use (BCCSU) website	Resource page includes resources for healthcare providers, academics, people who use drugs, and families. Resources are further divided by provincial region. www.bccsu.ca/resources/	
I Died Six Times...Let's End the Stigma of Harm Reduction – TEDx	Guy Felicella discusses the efficacy of harm reduction through the sharing of his personal journey. He challenges viewers to consider what they can do to change their attitude toward drug addiction and harm reduction. https://youtu.be/5uQxbh5mSPs	
Moms Stop the Harm (MSTH)	A network of Canadian families impacted by substance use related harms and death. MSTH advocates to change failed drug policies and provide peer support to grieving families and those with loved ones who use or have used substances. www.momsstoptheharm.com/	
My Son Danny: The Truth about Substance Use, Stigma and Overdose – TEDx	TalksPetra Schulz (co-founder of Moms Stop the Harm) shares the story of the loss of her son Danny, the impacts of stigma and five key recommendations for action. https://tinyurl.com/mtcuhr7p	
From Grief to Action Coping Kit: Dealing with Addiction in Your Family	A resource focuses on questions, issues, and practical problems faced by parents, guardians, and loved ones of people who use drugs. www.bccsu.ca/wp-content/uploads/2018/11/Coping-Kit.pdf	
Addiction Practice Pod	A podcast focusing on addiction and substance use care for health care providers in British Columbia and Yukon. Offering practical tips and guidance to health care providers seeking to improve their skills in addiction care. https://bcechoonsubstanceuse.ca/podcast/	
A Pathway to Hope	A roadmap for making mental health and addictions care better for people in British Columbia is the Ministry of Mental Health and Addictions 10-year vision for mental health and substance use care in British Columbia. https://tinyurl.com/2skjyz9h	
Overcoming Stigma Through Language	A Primer facilitates conversations and increases awareness of the stigma that surrounds people who use substances, their support networks and service providers in the community. www.ccsa.ca/overcoming-stigma-through-language-primer	
Addressing Stigma: Towards a More Inclusive Health System	Chief Public Health Officer's Report on the State of Public Health in Canada 2019. https://tinyurl.com/mr2a96ab	