

Coach Jackson,

I want to thank you first of all for having me on your team. I ~~learned~~ ~~learned~~ learned not only how to be a good basketball player but a good person. You understood how to take care of me and how to handle me. I know that's not easy. You showed me how to take care of myself though by helping me improve my self control. I have struggled with controlling my emotions since I started playing sports when I was [REDACTED]. Even little Timbits soccer me was a hot head. But the things you showed me & just the way you talk to me calms me down & helps me regain focus. This is the first year i've ever seen substancial improvement with my mental game, as I know it needs work & has been my main focus for the last few years.

You showed me that basketball is a sport; a game. A game I love; but a game none the less. I was the person who defined themselves on how good they were at basketball & when I went on an unlucky injury streak the past 3 years that hit hard. I couldn't play the sport I felt defined me and had a tough time sitting on the bench unable to help my girls. But you

showed me that I am not basketball, it is simply the sport I love.

You obviously helped my physical skills on the court & helped me grow as a basketball player & taught me more in these last 3 months than in my last 3 years of playing.

I chose this team because of you coach. I could have tried out for the [redacted] team, possibly made it & played for them and win more games. But I didn't care about winning in the long run because win or lose right now, who cares? I chose the [redacted] because I wanted to learn. From you. I planned on going to the [redacted] tryout after the [redacted] tryout, but after seeing you run the tryout I knew I wanted to play under you. I didn't show up to the [redacted] tryout.

I learned so much from you this year & I want to continue to learn from you. I understand this is a big ask, but would it be possible for you to coach [redacted] next year? It's okay if you can't but you are the only coach I've ever had that I truly trust & respect and felt understood my needs as a player & a person.

Also, if its not too much to ask would you maybe be willing to meet with me sometime when you get back from B.C. so you, Katherine & I could discuss where I am at & what I need to do to make it to that next level, and from there hopefully to post-secondary.

Thank You for being my Coach, Jackson,

