**3 – 2 – 1 Assessment**

*3 Things you didn’t know before*

*2 things that surprised you about this topic*

*1 thing you want to continue doing with what you’ve learned*

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**Know, Wonder, Learn (KWL)**

**Basketball**

NAME:

PEER CHECK - SHOOTING (B.E.E.F.)

|  |  |  |
| --- | --- | --- |
| Check List Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  | Completed on a line (√)  | Completed at a hoop (√)  |
| Balance: •hips facing target •feet shoulder width apart •shooting foot slightly in front of non-shooting foot •balance on balls on feet •knees bent •buttock out and back straight  |  |  |
| Elbow: •elbow lined up above toe & knee •elbow at a 90°angle  |  |  |
| Eyes:•look at target (hoop)  |  |  |
| Follow-through: •extend elbow and legs simultaneously •snap wrist •put hand in the “cookie jar”  |  |  |