SUMMARY

MPH graduate with a BSc in Microbiology and Immunology, seeking to contribute to health research and pursue a career as an epidemiologist. Passionate about public health topics including mental well-being, cancer research, health promotion, data science, and knowledge mobilization.

EDUCATION

Master of Public Health

2019-2021

Faculty of Health Science, SFU

BSc in Microbiology & Immunology

2014-2019

Faculty of Science, UBC

WORK EXPERIENCE

BC Generations Project (BCGP) Research Assistant

August 2023 – Present

BC Cancer Research Institute, Vancouver

- Addressed incoming participant calls and emails, ensuring timely follow-ups and issue resolution
- Documented participant interactions and feedback in the client database for future reference and reporting
- Maintained up-to-date knowledge of ongoing studies to provide accurate information and support
- Conducted reminder calls to participants, gauging their interest in joining research studies and addressing any questions or concerns
- Guided participants through study protocol and online questionnaires, ensuring clarity and understanding of the process
- Updated and maintained accurate participant contact information in the database ensure the integrity of contact records
- Categorized 2200 occupational records according to NAICS and NOC classifications to support future analyses of occupational hazards
- Assessed the feasibility of FOBT cards for use in metagenomic shotgun sequencing
- Conducted an investigation into the link between outdoor light exposure at night and prostate cancer incidence using data from BCGP and Alberta's Tomorrow Project (ATP)

Infographic Designer

June 2023 – Present

Community Health Research Team (CoHeaRT), Vancouver

 Created infographics inspired by Dr. Scott Lear's blog posts and past research publications for social media platforms

Prospective Urban and Rural Epidemiological (PURE) Study Research Coordinator

May 2022 - August 2023

CoHeaRT, Vancouver

- Managed daily research activities for the PURE Study and PURE MIND Substudy, ensuring smooth operations and adherence to study protocols
- Processed and submitted expense reports for participant honorariums and research-related supplies/materials

- Ensured completeness of data entry by verifying and cross-checking information for consistency and accuracy
- Requested and reviewed medical records, completing event report forms for accurate adjudication
- Supervised and coordinated a team of 5-10 volunteers, providing guidance and support to ensure accurate data collection

PURE Study Research Assistant

Nov 2021 – April 2022

CoHeaRT, Vancouver

- Conducted participant appointments in a clinical setting, gathering data on health, lifestyle habits, physical measurements, and cognitive assessments
- Reached out to hard-to-contact participants by phone to collect missing and critical information
- Managed participant data and maintained accurate records through efficient data entry
- Coordinated and scheduled follow-up assessments with participants via email and phone
- Addressed participant inquiries promptly and professionally, ensuring clear communication
- Assisted the research team by handling administrative tasks, including scanning, photocopying, and filing

Living Life to the Full (LLTTF) Practicum Student

June 2020 – Aug 2020

Canadian Mental Health Association (CMHA) BC Division, Vancouver

- Evaluated the LLTTF mental health promotion course to assess its effectiveness and relevance for millennial participants
- Analyzed participants' well-being through pre/post questionnaires and course feedback, compiling findings into a summary report and presenting results both in writing and orally
- Gathered and synthesized facilitator feedback to create a comprehensive guide, to better prepare future instructors for delivering the LLTTF course to millennials

Front End Cashier July 2018 – Feb 2020

Walmart Canada, Vancouver

- Surpassed the required 1000 scans per hour, consistently completing 300-400 additional scans to minimize customer wait times
- Enhanced in-store customer experiences by delivering efficient and professional service
- Actively promoted the Walmart Mastercard Rewards card, assisting customers in finding benefits tailored to their needs

Pet Specialist Sept 2015 – May 2018

Jet Pet North Shore, North Vancouver

- Led a group of 15-20 dogs of diverse breeds, sizes, and temperaments, fostering a harmonious environment through interactive toys and games
- Skillfully observed and interpreted canine body language to reduce separation anxiety and prevent conflicts or injuries among high-risk dogs

Molecular Biology Research Assistant

Jan 2017 – Aug 2017

iProgen Biotech Inc., Richmond (UBC Co-op)

- Acquired extensive experience in DNA cloning techniques, including transformation, purification, digestion, extraction, ligation, and sequencing
- Gained hands-on experience in antibody conjugation and protein purification using gel filtration and Bradford assays

London Drugs, Vancouver

- Provided support to 2 to 3 pharmacists while managing administrative tasks to improve overall work efficiency
- Managed confidential and sensitive patient information, including health, medication, contact, and payment details in compliance with BC's privacy legislation
- Coordinated with doctors on behalf of patients, ensuring prescriptions were updated and accurate to support ongoing care

SERVICE TO COMMUNITY

PURE Study Research Assistant Volunteer

June 2021 – Nov 2021

St. Paul's Hospital, Vancouver

- Gathered health and lifestyle data from study participants via phone for their 12-year follow-up assessments, and entered the information into the ROME database
- Scheduled appointments with participants at St. Paul's Hospital to complete physical measurements
- Provided support to the PURE research team by performing various tasks, including making reminder calls and collecting missing information

LLTTF Volunteer Aug 2020 – June 2021

CMHA BC, Vancouver

- Developed and organized profiles for CMHA branches and organizations involved in the LLTTF program, creating a comprehensive master reference document
- Researched and explored methods for setting up automated SMS reminders for upcoming LLTTF courses on Eventbrite
- Managed administrative tasks, including preparing facilitator training certificates and notifying facilitators about missing documentation or forms

LLTTF Social Network Volunteer

Dec 2019 - July 2021

CMHA BC, Vancouver

- Managed the creation and scheduling of social media content for LLTTF's Facebook page to build and maintain a strong online presence
- Led marketing and public outreach efforts to expand the course's visibility and attract greater interest from a broader audience
- Monitored social media platforms to track engagement and optimize the effectiveness of content

Info and Referral Volunteer

Sept 2019 – June 2020

CMHA BC, Vancouver

- Responded to email inquiries to CMHA and BC Partners, providing emotional support and referrals to assist individuals in finding mental health treatment and substance use relief
- Updated resource links and contact information for relevant organizations and programs to ensure accurate and timely guidance for individuals seeking support

LLTTF Data Entry Volunteer

July 2019 – Dec 2019

CMHA BC, Vancouver

- Organized and prepared documents for data entry to enhance the efficiency and accuracy of the data input process
- Transferred collected survey data into an electronic format for analysis of participants' well-being

Invasive Species Council of BC (ISCBC) Volunteer

July 2019 – Feb 2020

ISCBC, Williams Lake

- Represented ISCBC as a youth leader in partnership with Catching the Spirit Youth Society, assisting youth in creating a mural at Pacific Spirit Regional Park
- Coordinated project planning through Slack and Zoom, facilitating remote discussions about the mural creation
- Served as the event photographer, capturing candid images to document and highlight the mural painting process

UBC Reading Week Student Leader

Mar 2015 – Mar 2016

UBC & Frog Hollow Neighborhood House, Vancouver

- Coordinated a film project involving 10-15 participants, serving as the liaison between the UBC Peer Program and Frog Hollow Neighborhood House's FRAMES film program to organize a successful community screening
- Contributed to the creation of five-minute interview films, highlighting individuals' perspectives on their communities to foster awareness and inspire positive change
- Facilitated discussions and reflections with youth (ages 16-30) facing multiple barriers across the lower mainland, providing peer support on sensitive topics and personal life stories

LICENSES & CERTIFICATIONS

- WHIMIS 2018 Certificate of Training Sept 2018
- Ethical Conduct for Research Involving Humans (TCP 2: Core) Jan 2020
- Privacy & Information Sharing: Awareness Training for Contractors and Service Providers May 2020
- Good Clinical Practice (GCP) Oct 2022

SKILLS

Languages: English (native) & Mandarin Chinese (conversational)

Microbiology & Immunology Lab Techniques

Data Analysis Software Experience (RStudio, SAS)

Digital Graphic Design (Photoshop, Canva) & Video Editing Experience (Final Cut Pro X)