



## Mid-point Self-reflection

This self-reflection exercise is meant to help you identify some of the learning you have experienced in your position so far. It also addresses how you can be supported throughout the rest of this Work Learn term. Please take some time to think about each area.

Name:

Date reviewed:

Question	Comments
What have been your most satisfying accomplishments so far?	
What have been the most challenging aspects of your work?	
What are you looking forward to for the remainder of this Work Learn term?	
What is one goal you have for yourself in this role in for the rest of the term?	
In what area would you like to receive further training or professional development?	



What can we do to better support you in your work?	
Anything else you'd like to add?	